

# BIG SISTER LEAGUE OF SAN DIEGO, INC.

*Serving women and girls in San Diego County for over 60 years*

NEWSLETTER

SUMMER/FALL 2003

## BIG AND LITTLE SISTER NEWS

### **Marien Kissling Receives Congressional Award**

San Diego County was one of the 150 communities to send a delegation to the 1997 President's Summit on Youth - America's Promise, chaired by General Colin Powell. This summit identified five fundamental resources which are essential for children to survive and flourish.



1. Relationship with a caring adult
2. Safe places to be during non-school hours
3. A healthy start and access to health care
4. Marketable skills established through effective education
5. Opportunities for community service.

The delegation returned home and enlisted the San Diego Children's Initiative to develop and nurture a local coalition of mentoring programs. Invitations were sent out to active mentoring programs and Marien Kissling from the Big & Little Sister Mentor Program of the Big Sister League of San Diego, Inc., attended the first meeting.

In an effort to unite the individual programs of San Diego County, the Coalition planned and implemented joint trainings and held regular meetings for program directors to network and share resources, training materials and public relations activities. The Coalition needed some sort of starting point, a home base of programs which would need to be aware of the Coalition and its goals. Marien Kissling participated in the massive project of compiling a data base, of programs in San Diego that offered mentor resources, to be distributed to agencies that would in turn need mentor referrals for their clients.

Marien, who first came to the Big Sister League Mentor Program in 1995, was familiar with the process of strengthening an organization. This is exactly what she had to do when she entered the office on Redwood Street. The mentor program was in disarray; setting up files and developing a database were Marien's first projects. She established an effective training program for new mentors, and restructured the entire program.

Throughout this journey the Mentor Coalition provided her the tools she needed. Marien undertook the process of having the Big Sister League Mentor program become a California State

*(continued on page 3)*

### **Be good to yourself**

On May 17, 2003, the mentor program held a workshop called, "Be Good to Yourself", where Big and Little Sisters learned healthy ways to treat their bodies and minds. After breakfast everybody broke into groups based on age and spent 20 minutes at each station. One station, led by Erin Johnson, a graduate student at San Diego State University, focused on nutrition. She talked about proper eating habits, exercise, and the consequences of eating disorders. The next station was a beauty and hygiene segment where Carey Ryan gave advice on proper nail, hair, and skin care. Third, Emily Fischer, also a graduate student at SDSU led a discussion about alcohol and drug abuse. She answered questions and offered important information, especially for the older girls, in our program, faced with these issues. Fourth, Suki Miyasaki, a Big Sister in our program and a physical education teacher at a local elementary school, had an exercise and stretch session. She taught important stretch techniques, and fun ways to jump rope. Lastly, Nicole Scott, owner of Empower Girls, talked about the importance of inner beauty and ways of building self-esteem. She led an arts and crafts project while discussing the key issues which girls of each age would be dealing with.



*Erin Johnson, SDSU Graduate Student, discusses nutrition with Big Sisters and Little Sisters*

After the workshop we handed out fantastic door prizes, including passes to Lego Land, Belmont Park, and gift certificates to local restaurants. We also had San Diego County Fair tickets available for the Big and Little Sisters. Everybody had a fabulous time, received new and important advice, and had an opportunity to network with other Big and Little Sisters. — BA

*Saturday, October 11 and Sunday, October 12  
Big and Little Sister Campout  
Dos Picos County Campground, Ramona, CA*

### **feedback**

*"I wanted to write and say thank you for the match for [my daughter] Jarnesha, she is having a wonderful time with Jeanie (her Big Sister). Jarnesha and Jeanie have so much in common and she adores Jeanie. I couldn't have asked for a better match. The Big Sister League has been a wonderful attribute to my girls and I thank you for the opportunity for them to be in the program. Jarnesha is loving the time they are spending together and talks non-stop about her outings with Jeanie. [My other daughter] Kiaonno and [her Big Sister] Ellen are doing well too, we are all an extended family.*

*Wilhelmina Artis April 29, 2003*



Follow-up form question: "What do you think your little sister's feelings are concerning the match?"  
*"Mercedes told me she has someone to look up to, someone who can teach her about flowers and plants, and someone she can tell how she feels and trust and understand her"*

*Marie Madden, Big Sister*

*April 5, 2003*



## What is remembered

*I often hear from college students, mothers whose children are grown, business people who have enjoyed prosperity but not necessarily purpose. They say they want to "give back" to find a way to contribute in a meaningful way, to make a difference. I felt it was timely to share our beginnings. It is a history of determination and how a group of women brought meaning to their own lives and to the lives of others.*

1942 was time of war. Women were drawn to San Diego to visit, or bid farewell to husbands or sweethearts. Women also came to work in the defense industry. They often arrived with little or no funds and any woman or girl found penniless and friendless on San Diego streets was booked into the jail as a vagrant. The women who slept in the jail were referred to as "waffle women" because they would emerge in the morning with the pattern of the iron bars of their backs. The plight of the women came to the attention of the League of Women Voters.

1942 was time of war. Women were drawn to San Diego to visit, or bid farewell to husbands or sweethearts. Women also came to work in the defense industry. They often arrived with little or no funds and any woman or girl found penniless and friendless on San Diego streets was booked into the jail as a vagrant. The women who slept in the jail were referred to as "waffle women" because they would emerge in the morning with the pattern of the iron bars of their backs. The plight of the women came to the attention of the League of Women Voters.

The League of Women Voters was fortunate to have a member, Mrs. Frances Woods, who had retired from Brooklyn, New York to San Diego in the 1930's to benefit the health of her husband. Mrs. Woods had been one of the leading crusaders for the rights of women and children. She also was a member of the Court Committee of the Brooklyn Bureau of Charities and was president of the Brooklyn Welcome Home for Girls.

Mrs. Woods was the woman who was appointed by the League of Women Voters to look into the condition of women in the jail. She published a plea in the *San Diego Union* for a meeting of church and club women to discuss a temporary shelter for women.

In an article written for the *San Diego Union*, June 17, 1943, columnist, Irene Clark tells of another woman who inspired the newly forming Big Sister League of San Diego. A woman named Minnie Barton, first woman police officer in Los Angeles, founder and director of the Big Sister League of Los Angeles, which at the time operated three homes there. The homes had been founded in 1917 to help women face... "the struggles of life". Mrs. Barton came to meet the concerned women in San Diego. Her talk was inspirational.

Responding to that inspiration, the San Diego Soroptimist secured and funded rooms in the Palms Hotel to house "respectable" girls and women who arrived in San Diego without funds and needed temporary shelter. The community women wanted to extend more services than offering a place to sleep. They began their search for a place to establish a Big Sister League Home.

On December 19, 1942, it was reported in the *Union* that the Big Sister League had filed for incorporation "...preparatory to undertaking establishment of a permanent home and rehabilitation center for transient women." By then there were

350 members with a substantial treasury to be used for a home. The San Diego City Council showed their support by promising the League, almost rent-free use of a city owned property located at 1769 Front Street.

The League immediately set about renovating and furnishing the home. Looking into the history of the home on Front Street, Mrs. Woods found that "City Father" Alonzo Horton had originally owned the site. Members of the Horton family donated three oil paintings to be hung in the living room of the Home. Members of various civic groups donated appliances and furniture. Each room in the Home was adopted by a church or club group.

Finally, on June 16, 1943 the public was invited to visit the clean, refurbished home. It was reported in the *Union*, that Mrs. Fannie Woods, President of the Big Sister League of San Diego "...stood on the landing of the noble old staircase to welcome guests and present some of the distinguished folk who had a part in it." Minnie Barton was among the guests.

The Big Sister League continued in its service to the women of San Diego and Mrs. Woods continued as president of the League. The Home became a member of the Community Chest in October, 1943. Guests were referred to the Home by the Red Cross, Travelers Aid, YWCA, Salvation Army, Army and Navy Chaplains, churches and youth organizations. The Home worked in cooperation with agencies and those in charge often expressed their appreciation of the fine atmosphere of the Home and the kind treatment received by women who stayed there.

During those early years, the rent paid to the City of San Diego was \$5.00 a year. In April, 1954, at a tea, hosted by Navy Chaplain Wives, the Mayor, John D. Butler, presented the deed to Mrs. Fannie Woods.

*Great organizations are built upon the foundation of earlier efforts. The aspiration to be a part of something, bigger and more lasting than ourselves is universal. Mrs. Woods' dream not only inspired but endured. Our work continues.*

Warmly,  
Lydia Lewis, LCSW  
Executive Director

## Big Sister League Board of Directors

### President:

Julie Wilkinson

### Vice Presidents:

Judy Enns, Ph.D.

Laura Tetlow

### CFO:

Cynthia Deigert, CPA

### Secretary:

Ellen Cutler Owens

### Members:

Michele Fabianes

Cathy A. Kell

Alicia McLain

### Staff

#### Executive Director:

Lydia Lewis, LCSW

#### Mentor Prog. Dir.:

Marien Kissling, M.A.

#### Asst. to Exec. Dir.:

Rebecca Madrid

#### Grant Administrator:

Mary S. McAfee, Esq.

#### Accounting Services:

Rozelle Washburn

## Newsletter Contributors

Rebecca Andrews

Pat Bryan

Marien Kissling

Lydia Lewis

Rebecca Madrid

Mary McAfee

## Rewards of Grant Writing

The first challenge for the writer is to find foundations that have resources for women's and girls' programs. This can take much research on the internet and talking to other grant writers by e-mail. Then the grant writer follows these leads to specific foundations that are interested in funding the League's programs. Some of the grants the League receives are for basic needs, such as money for food for the homes and funds for the Big and Little Sisters' interactive workshops.

The second challenge for the grant writer is to tell a compelling story. This means writing about the strength and courage the girls and women bring with them on their journey to recovery and growth at Big Sisters. This is my favorite part of grant writing, because it allows me to refocus on the reason Big Sisters does what it does. There is the story of the young girl who watched, in horror, her father shoot her mother and then saw her dying mother tumbling down the stairs at her feet. And the rest of the story we also know. The father went to prison for life and the woman and her brother were put in foster care where they were both abused, until a kind man they call "uncle" took them in and cared for them with compassion and tenderness. This is, of course, only one of the many stories we hear every year.

The last challenge is the favorite part for the Executive Director because it, more often than not, brings assistance through funding to the League, and makes one of our programs a little safer for the year ahead. — Mary McAfee, Grant Administrator

## Come Clean the Beach

Big Sister, Debra Kerrigan

On several occasions prior to our adopting a beach to clean-up, we have joined "I Love a Clean San Diego" in their annual beach clean-ups held in May and September. At the first camp out in 2001, I proposed the idea of the Big and Little Sisters adopting a beach and had several sign up for this volunteer opportunity.

In April of 2002 the Big and Little Sisters adopted La Jolla Shores with our first beach clean-up scheduled for July. We have scheduled beach clean-ups for La Jolla Shores once a quarter on the third Saturday in January, April, July and September. **Our next scheduled beach clean up is Saturday, September 20th from 9:00 a.m. to 11:00 a.m.**

To date, I have taken Little Sisters Arazane, Diamond, Neona and her friend Cecelia, joined by Tracy and Snowe. In January, we were treated to pizza for lunch with a gift certificate from Marien. In April we had a barbecue.

The good news is that I have all the gloves and trash bags available for the beach clean ups, so you don't have to worry about getting your hands dirty. We usually make a day of it and bring our suits if the weather is warm enough so the girls can go swimming.

On a personal note, I have found it to be very rewarding to take bags of trash we've collected to the local life guard and asked him to give us an estimate on what it weighed. We collect 10 to 20 pounds of trash and recyclables.

Now that summer is here, more people will be visiting our beaches. Come and join us for a rewarding day of cleaning the beach and a barbecue to follow. It's a great way to encourage our little sisters to give back to the community and also give them an eye-opening view of what happens when people litter.

Mark your calendars for September 20th. Join us to clean the beach and make a difference in our community. If you have any questions, call Debra Kerrigan at (858) 673-9691.

Hope to see you there.

*(continued from page 1)*

Certified Program. This accreditation assisted the organization both in receiving grants and helping to establish its place in the community. The Mentor Coalition provided Marien with training, workshops, and vital networking contacts within the community.

Marien has been an active participant in the community on behalf of the Mentor Coalition since it began. She was a member of the Speaker's Bureau, to inform organizations about America's Promise, the Mentor Coalition, and mentoring in general. In addition, Marien has participated three times in both Channel 10's Leadership Day and Qualcomm's Volunteer Fair.

As a founding member of the Mentor Coalition, an avid supporter and active participant, Marien has attended meetings regularly since its inception. In recognition of her out-

standing commitment to the mentoring community, unending dedication to furthering the development of the Big Sister League Mentor Program, and her continued involvement in San Diego's Mentor Coalition Marien was nominated to receive an exceptional award.

On the five year anniversary of the founding of the San Diego Mentor Coalition, Marien Kissling was presented with a Certificate of Special Congressional Recognition in acknowledgment of outstanding and invaluable service to the community. A member of Congressperson Susan Davis' office presented the award at the January 2003 Mentor Coalition meeting.

Congratulations Marien! Your hard work and dedication are appreciated by all!

*Please visit us on the web at*  
***www.bigsisterleague.org***  
*where you can find information about upcoming events,*  
*mentor training, and programs sponsored by the*  
***Big Sister League of San Diego***

***We Need You!***  
 If you or a woman you know would like to be  
 a Big Sister, please refer to our website at  
***www.bigsisterleague.org*** or call ***619.297.1135.***  
***Be a Mentor! Be a Big Sister!***

## A Testimonial: LuAnn's Story

I was at a local psychiatric hospital suffering from a bipolar relapse. I knew I was not able to live alone. A social worker contacted the Big Sister League and explained my circumstance. Little did I know, my life would be changed forever.

I came for an interview and was told if I liked what I saw I could move in. Two days later I did. I was tearful and frightened. I had never lived in a group living setting. From the first day, I was greeted with kindness and caring. As time passed I began feeling accepted. I felt I was gaining strength and independence I'd not known before. Even when I would cry from sadness of loss and of times past, I found a friend waiting to comfort me. As time, holidays and birthdays passed, I found I had another family. One not like the old one I had lost so tragically, but a new, loving, caring, laughing, hugging family. I was so happy!

Soon, I would be faced with another challenge. It began with a simple toothache. A day passed the swelling began, I got myself to a dentist and the following day the tooth was removed. As the day went on the swelling did not subside and I was encouraged to go to the hospital. Upon

arrival, I fell into a coma and was placed on life support. The doctors, I'm told, said there was a slim chance I would come out of the coma. Twenty nine days later, I regained consciousness. I was told that due to the amount of infection that had drained into my lungs, it was a miracle I survived. I was transferred to a rehabilitation center where I had to learn to walk and write all over again. I was there for 30 days. During that time my children and my Big Sister family were by my side.

I now realize how life can be taken so quickly. Whatever time we have, we need to spend it lovingly and enjoying every moment. Since I walked into Big Sister League, I have become a more compassionate, loving, caring and independent woman. One of the many God-given gifts I have received during this stay on earth are my two daughters, Shelby and Jamie. For me, raising my children gave me the opportunity to re-evaluate my childhood and realize we do the best we can. It is important to learn to accept the fortunes and misfortunes of life. One of the other gifts is Big Sisters. I can never begin to express my gratitude to the women, staff and management of the League for changing my life, forever. — LH

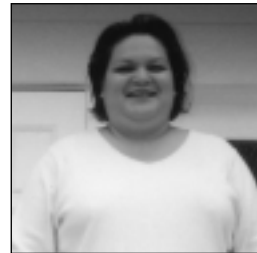
## notes from the home...

I came to the Big Sister League in March 1997 as a Housemother, over the next few years I advanced in position with added responsibilities. In February, 2003, the Executive Director, Lydia Lewis, offered me the position of Assistant to the Executive Director. I was honored with the opportunity to supervise both homes and to work in direct contact with Lydia.

Some of the added responsibilities have been to keep accurate accounting at our thrift store, Attic Treasures. I work very closely with all of the residents at both homes to make sure the program is running smoothly so that they are successful in transitioning back into the community. I also work closely with Lydia and help her in any way I can with fundraising events or in other areas, as necessary.

My responsibilities include; supervising the house staff, scheduling shifts, making sure

work performance is completed and hiring and training. We have a compassionate and hard working team. It is a pleasure working with such dedicated staff members.



Rebecca Madrid  
Assistant to the Director

It has been a wonderful experience and joy working at the Big Sister League. I have learned so much about mental illness and know there is so much more to learn. I look forward to making a difference in the lives of many more women who come through the Big Sister League's program.

Thank you Deborah Esquer, Bryanna Humphrey, Yolandra Smith, Cheryl Rhodes, Hallie Lever and LuAnn Hamblin for your caring, commitment and excellence! — RM

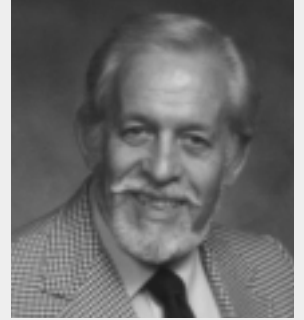
## Attic Treasures Closes

We are sad to announce the Big Sister League's Resale Shop, Attic Treasures, is closing its doors on July 31, 2003. For more than 5 years, the shop served as the League's training program. Women were trained in all aspects of operating a small business. We are most thankful to our volunteer staff and managers for hours of hard work and dedication.

We are very grateful to our loyal customers, local merchants, companies and many individuals who have generously supported us over the years!

If you wish to continue donating clothing and household items to the League, please contact Michele at (619) 297-1172 ext. 106.

## We have lost a friend



Charles "Chuck" Washburn was always full of fun and laughter and was a great joy to be around. He was a gourmet cook and enjoyed serving others. Chuck died suddenly on April 29, 2003. He served in the Merchant Marine during WWII and married Rozelle Ackerman in 1948, the enduring love of his life. He and his wife had their own accounting practice in Mission Valley for 20 years.

Chuck attended San Diego State University, received his BA in 1967 and a Master's in Rehabilitation Counseling in 1969. He was a member of the College Avenue Baptist Church and began the Singles Ministry and the Counseling Center at CABA. Chuck taught Bible Studies at Skyline Church for 15 years. He loved the Lord and Scriptures with all his heart. He was always eager and ready to teach the Word of God. That was his spiritual gift.

Chuck is survived by his wife, Rozelle, their daughter Vonda Rodriguez, three grandchildren, eight great-grandchildren and numerous friends. He was very much loved by all who knew him.

*Thank you to the friends of Chuck Washburn who gave generously to the Big Sister League, in his memory*

## Meet BSL Board of Directors



**Cynthia Deigert** joined the BSL Board in October, 1999 and currently serves as Chief Financial Officer. She has over twenty years of experience in financial operations and investment environments. She holds an MBA in Finance, a Bachelor of Science Degree and is a CPA. Cynthia is Director of Finance for a large senior living owner and operator, Senior Resource Group. She brings forth a broad set of skills by having an in-depth knowledge of strategic planning, financial forecasting, investment banking, accounting and regulatory compliance. Cynthia believes in the League and its mission by actively participating in a variety of endeavors.



**Judith L. Enns, Ph.D.** is Regional Managing Director for HR Solutions, Inland Empire, Orange County and San Diego, and has specialized in human resources and small business consulting, leadership, business development and employment.

Dr. Enns founded HR Solutions in early 1990 to address the Human Resources needs of small, medium-sized, emerging and large employers in Southern California. Currently, the firm has seven practice locations throughout the West and an office in Atlanta, GA.

As a national and state convention speaker, Judy has addressed many regional and national organizations.

Featured in the media, she has been published in such professional journals as *Workforce*, *Personnel Consultant*, *National Business Employment Weekly*, *The Fordyce Letter*, *TempNetNews* and *Tempdigest* on management, sales, employment, career and communication topics.

She received her doctorate in communication from The Ohio State University and has taught at the college and university level, including positions in Illinois, Ohio, Oregon, California, the Kingdom of Saudi Arabia, the Virgin Island and the Philippines. Judy has been a board member since May 1994.



**Michele Fabianes** came to Big Sisters in a time of need. For three weeks in June, 1999, I was missing from the world...my family, my friends and my work. I was encouraged to call Mary McAfee, the former Executive Director to ask if I could have a bed at the League. Mary said, "In case we don't, we will set up a cot if necessary".

I knew about Big Sisters through Judy Enns, the past President of the Board of Directors. Judy, always enthusiastic about the League, has asked me to volunteer on the Housing Task Team and the Annual Eggstravaganza. Judy and I had worked

together for eight years at Eastridge Temps, where I was very successful and was promoted through the ranks from Account Manager to Director of Operations.

My skills have been put to good use at Big Sisters. I have worked to build relationships with various businesses in the community who in turn have been generous with donations for our various fundraising events and for Attic Treasures. I was the lead in various fundraising activities including the Timken Mansion Tour and Art Sale as well as obtaining food and beverage and some raffle prizes for the Gospel Concert.

One of the members of the Board gave me a magic wand. I use it sparingly! But magic things happen here at Big Sisters...it has happened for me!



**Cathy A. Kell** is owner and president of CK Consulting and has worked 15 years collectively with General Dynamic and Qualcomm, Inc. Cathy has a BS in Computer Science. She joined the Big Sister League Board of Directors in July 2002. Happy Anniversary, Cathy!



**Alicia R. McLain** is a Certified Trainer of *The Self-as-Mediator* and *The Manager-as-Mediator Seminars*. She brings a decade of experience as a trainer/facilitator in the areas of leadership, career, professional, business development, diversity and conflict resolution.

She has developed and delivered programs on leadership development for non-profit organizations. She has worked extensively with local non-profits and profit organizations on career and professional development, understanding conflict and conflict resolution strategies. Alicia is a certified trainer with the Mediation Training Institute.

She has also developed and delivered curriculums in career and professional development for women and minorities at NCR. She is presently a certified consultant for diversity training/facilitation with the Champion Services Group, Miami Florida. As a sales manager and trainer with Weekenders USA, Alicia trains and coaches women in the start up of their businesses. Alicia has been a board member since January 2002



**Laura B. Tetlow**, Secretary Treasurer, CFO, Nautilus Entertainment Design Inc. has a M.A. from University of Southern California, B.A. Tulane University Newcomb College. She joined the Big Sister League in the spring of 2001 and is Vice President of the Board of Directors.

Laura's work involves small business administration as the second corporate offi-

cer and joint owner of a consulting company in lighting design and entertainment facility design since 1990. Born in New Orleans, she has lived in New York City and Los Angeles, and has specialized in the lighting industry since 1979. She is also a member of the American Association of Museums and the National Notary Association.



**Julie Wilkinson** began volunteering with Big Sister League five years ago while pursuing a Bachelors degree in Business. Her interest and research on operating a Women's Shelter led a fellow

student to introduce her to the Big Sister League. Together they joined the BSL Events Committee, supporting the Mentoring Program's summer picnics, holiday parties and Attic Treasures thrift shop. Julie continued to volunteer with the League while completing a Masters Degree in Management, and was elected to the Board of Directors in 2000. This year, Julie is serving as President of the Board, having previously served as Vice President, and Secretary.

Ms. Wilkinson has an accounting background from both the insurance and aerospace industries and is currently employed by Qualcomm, Inc. as a Tax Analyst. She has two sons in college and lives in Poway.



**Ellen Cutler Owens** was born and raised in Minnesota. While at the University of Minnesota she learned the value of doing altruistic projects. After moving to San Diego, Ellen heard of the Big

Sister League through a co-worker. Ellen began her involvement with the Big Sister's by helping out with the Little Sister holiday party in December 1994. This first encounter turned into over eight years on the Board and she hasn't regretted one minute of her involvement! She has held many Board positions including Chief Financial Officer and First Vice President and this year is the Board Secretary. Ellen participates in all of the various Big Sister fundraisers throughout each year.

She also volunteers as Chairperson of the blood drives at her work and yearly helps collect money for the American Cancer Society. She lives in the Clairemont area with her husband Timothy and works full-time at Cardinal Health - Pyxis Division in the Sorrento Valley area.

### Mary McAfee Residency Board:

Kathleen McIntosh, Gloria Wilke, Deborah Grady, Antonia Lawrence, Anne Pillsbury, and Laurie Wright.

## The Big Sister League celebrates a board member

Ellen Cutler Owens is currently the longest serving member on the present League's Board of Directors. She has held almost every executive position on the Board and is presently the Board's secretary. During her tenure, we have shared with her the loss of both of her parents, serious health problems, and the romantic tale of her wonderful engagement and lovely marriage to Tim Owens. Ellen is thoughtful, steady hardworking, but her most precious gifts to the members is her bard's ability to tell the story other life's travels and her most uncommon sense of humor.

This past month Ellen was honored for her many hours of volunteerism with the Big Sister League. The honor came from her employer, through the Cardinal Health Foundation, the parent company of Pyxis, where Ellen works. In honoring Ellen's work in the community at the League, the League was also honored with the gift of \$4,000.

We are so grateful to Ellen and all of our Board members for their belief in our mission and their dedicated work in giving life to our programs. — MM

## Women for Change keep helping

In the late 1980's, a group of eight women created an organization called Women For Change, under the auspices of the Association For Humanistic Psychology. During its tenure, Women For Change sponsored many activities including; monthly interactive workshops, Youth Visions Art Project in the local schools and all day seminars for women of all ages to come together to learn, experience and share through friendship, spirituality and communication.



(left) Pat Bryan, (right) Eurnice Jantzen, former members of Women for Change (center) Lydia Lewis, Exec. Dir., Big Sister League

These seminars allowed women a safe environment for discussion on diversity of all types— Older women, lesbian/gay women, women of color, women with disabilities, etc. were provided a platform for working and learning from each other. In addition, monthly support groups were established for a variety of women who were interested in gaining strength, courage, wisdom and compassion to deal with difficult seasons of life and people.

In 2003, Women For Change decided to close its doors. The group was dedicated to dispersing their final funds to worthy women's causes. Big Sister's League was chosen. A few members, representing the Board of Directors, presented a check to Lydia Lewis for \$500.00 on May 19, 2003. — PB

## We thank each and every one of you for your generosity and financial support:

Irv Whitten of Image Com for donating a Konica 2928 copier and supplies.

The San Diego Chapter of the Daughters of the American Revolution (DAR) sponsored a Victoria Tea to benefit the Big Sister League of San Diego, Inc. The DAR raised \$1500.00 Thank you to the women of DAR and to Mrs. Ida Hays Irvine, founding member of the BSL for her years of support and caring.

Athletes for Education, Steven V. Hayes, President and C.S. Keys, KUSI TV, donated 40 pairs of NIKE sneakers to the residents of BSL.

The Lawyers Club, the San Diego Convention Center support staff, Allstate Insurance Company employees (Ranch Bernardo office), Teradata Corporation, Federally Employed Women, Ann Price, and Officer Bruce Getz (San Diego Police Department/Community Relations) who have given generously year-round to the League's programs.

## BSL Wish List

The Big Sister League depends heavily on private and in-kind contributions. All donations are tax deductible and are accepted everyday at 115 Redwood Street in Hillcrest. Kindly contact Michelle at 619.297.1172 x106 with any donation.

- paper plate and napkins
- plastic forks, knives, and spoons
- kitchen and garden trash bags
- copy paper 20 lb. white
- postage stamps
- ink cartridges: HP51645A Black/HPC1823D Color HP51629A and HP51649A
- Ticket donations to local events

## Fundraising Activities

### 2003 Annual Campaign

Raised to Date  
\$35,914

### Raise the Roof

Raised in 2003  
\$5,185

*We would like to take this opportunity to thank to each of you who have donated so generously to the Big Sister League.*

We've made every effort to ensure the accuracies of all names. Please accept our apologies for any errors.

## Annual Campaign Donors

### ***\$5000 and above***

Elizabeth Clarquist  
Helmut Kiffman  
Qualcomm, Inc.

### ***\$2000 to \$4,999***

Dr. Seuss Foundation-  
Audrey Geisel  
Patricia Moore

### ***\$1000 to \$1999***

BFG Rohr Employees Will Share Club  
Cubic Corporation  
Jeff Frick  
Sharon Labovitz

### ***\$500 to \$999***

Curtis and Lynda Arnett  
John Covelli  
Girard Foundation  
Deborah Grady  
Beth Shamrock  
Qualcomm Matching Funds

### ***under \$500***

Alarms Unlimited  
Steven and Sarah Angus  
Doris Atkins  
Laura Bailey  
Elizabeth Banham  
Mary Beebe  
Bill Howe Plumbing  
William and Louise Boehm  
Alida Bracker  
Candace Carroll  
Kimberlee Centera  
Florence Cohen  
Ellen Cutler Owens  
Sharon and Albert Cutri  
Donald and Cindy Davis  
Kathi Diamant  
Kathleen Dickey  
Frances Dorsey  
Milt and Joan Evangelou  
Esther and Bud Fischer  
Fleming Property Management  
First Unitarian Universalist Church  
and the Women's Federation

Steven Gardner  
Rick and Jean Gibbs  
Marie T. Gordon  
Becky Guttin  
Nancy Parker Hagan  
Joanne Hayakawa  
Employees of Hewlett Packard  
Judith Hersko  
Eunice Jantzen  
Kristin Johnson  
Marge and Jerry Katleman  
Katleman Family Foundation  
Connie Kauffman  
Christine Kiffmann  
Rev. Dr. Barbara King  
Ruth Klampert  
Kim LaSelle  
Lois Lasry  
Darrel and Toni Lawrence  
Arlene Lee  
Byron Lewis  
Jean Lowe  
Millicent Machado  
Michele Macosky  
Judith Matson  
Lilys McCoy  
FD McGaffigan  
Frances and Patrick Merritt  
Patrice Milani  
Naomi S. Miyasaki  
Philippe and Natalie Monet  
Dorothy Murray  
Mike Olivier  
Ellen Cutler Owens  
Jamee Patterson  
Glenn and Anne Pillsbury  
Photocopy Products  
Jeff R. Quint  
Patricia and Harley Quint  
Katherine Reid  
Francis and Esther Riney  
Ellen S. Salk  
Sophia Sangiorgio  
Andrea Schmidt  
Joseph Schmidt, MD  
SDGE Employees Contribution Club  
Kathryn Starr  
Catherine Stiefel  
Gough W. Thompson  
Roberta Thyfault  
Edith Watson  
Judith Watson, MD  
Julie Wilkinson  
World Reach, Inc.  
Marjorie and Gregg Wright  
Carolyn Yorston

## Raise the Roof Donors

### ***\$500 and above***

Betty Clarquist  
BFG Rohr Employees Will Share Club  
Charles & Sue Edwards Foundation  
Ingrid Schuch (Advance Marketing Service)  
Laura and Jim Tetlow  
Women for Change (Association for Humanistic Psychology)

### ***\$100 to \$499***

Martin Fenton  
Georgianna Galas  
Bobbie Gilliam (Downtown Properties)  
Jeff and Jane Marks  
Dorothy McCorkle  
Philippe and Natalie Monet  
Paradise Valley FCU  
Marta Phillips  
Kathryn Starr

### ***under \$100***

Heidi Anderberg  
Barry and Catherine Bell  
Kellye Sobon Buchanan  
Janet Christy  
Evelyn Cohen  
Patti Coopridge  
Frank and Frances Dorsey  
Charlotte Edwards  
Joanne Kezas-Mason  
Dorothy Murray  
Christina E. Oeffner  
Gary and Lori Parker  
Photocopy Products  
Sharon Pugh  
Irv and Rosemary Stafford

## Donations in Memory of Lisa Patzowski

Hubert D. Clopp  
Raymond Fidaleo, MD and Kathleen Fidaleo  
G.L. and Carol B. Hagen  
Carmen S. Smith  
Roger and Mary Vogt  
Wesco Distribution, Inc.  
Dale and Elaine Wilson

## Grants received in 2003

Cardinal Health Foundation  
James S. Copley Foundation  
Cush Automotive Charitable Foundation  
United Way of San Diego

Congratulations to Marta Phillips of Sungrubbies.com, lucky winner of a complimentary guestroom for two at the Wyndham Emerald Plaza Hotel. Thanks to all who helped update our database.

## *An opportunity to give Hope!*

Watch your mail! EGGStravaganza mailer is on its way!  
You may be the lucky winner of the Bob Hope Signature Egg!

*Save the date - October 11, 2003*

Big Sister League's 60th  
Anniversary Celebration

## *Leave a living legacy to the Big Sister League*

You can make a meaningful contribution to the Big Sister League that will have a lasting impact. Whether it is bequest in your will, a life-income plan, a beneficiary designation are investments in assisting women in need and at-risk girls in our community.

*For further information, please contact Rozelle Washburn at 619-297-1172, ext. 100.*

We express our gratitude to Evelyn Pearson who made a generous bequest to the Big Sister League in her will.

<b>Contact Information:</b>	Big Sister League of San Diego, Inc. 115 Redwood Street San Diego, CA 92103	phone: 619.297.1172 fax: 619.297.3908 <a href="http://www.bigsisterleague.org">www.bigsisterleague.org</a>
-----------------------------	---	--

**OUR MISSION:** The Big Sister League assists women and girls in San Diego County by providing supervised transitional housing, volunteer mentor relationships and support services. The League programs are designed to encourage confidence, self-esteem and independence. The Big Sister League of San Diego, Inc. is supported by private donations, local businesses, grants, and United Way/Chad designations.

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
SAN DIEGO, CA  
PERMIT NO. 1035

115 Redwood Street  
San Diego, CA 92103

**BIG**  
SISTER  
LEAGUE  
of San Diego, Inc.